

How to Make Chicken Tikka and Rice

This rich and creamy flavoursome Chicken Tikka rivals any Indian restaurant! Why go out when you can make it better at home? With aromatic golden chicken pieces swimming in an incredible curry sauce, this Chicken Tikka Masala recipe is one of the best you will try!

Ingredients

For the chicken marinade:

- * 28 oz (800g) boneless and skinless chicken thighs cut into bite-sized pieces
- * 1 cup plain yogurt
- * 1 1/2 tablespoons minced garlic
- * 1 tablespoon ginger
- * 2 teaspoons garam masala
- * 1 teaspoon turmeric
- * 1 teaspoon ground cumin
- * 1 teaspoon Kashmiri chili (or 1/2 teaspoon ground red chili powder)
- * 1 teaspoon of salt

For the sauce:

- * 2 tablespoons of vegetable/canola oil
- * 2 tablespoons butter
- * 2 small onions (or 1 large onion) finely diced
- * 1 1/2 tablespoons garlic finely grated
- * 1 tablespoon ginger finely grated
- * 1 1/2 teaspoons garam masala
- * 1 1/2 teaspoons ground cumin
- * 1 teaspoon turmeric powder
- * 1 teaspoon ground coriander
- * 14 oz (400g) tomato puree (tomato sauce/Passata)
- * 1 teaspoon Kashmiri chili (optional for colour and flavour)
- * 1 teaspoon ground red chili powder (adjust to your taste preference)
- * 1 teaspoon salt
- * 1 1/4 cups of heavy or thickened cream (use evaporated milk for lower calories)
- * 1 teaspoon brown sugar
- * 1/4 cup water if needed
- * 4 tablespoons Fresh cilantro or coriander to garnish

Instructions

In a bowl, combine chicken with all of the ingredients for the chicken marinade; let marinate for 10 minutes to an hour (or overnight if time allows).

Heat oil in a large skillet or pot over medium-high heat. When sizzling, add chicken pieces in batches of two or three, making sure not to crowd the pan. Fry until browned for only 3 minutes on each side. Set aside and keep warm. (You will finish cooking the chicken in the sauce.)

Melt the butter in the same pan. Fry the onions until soft (about 3 minutes) while scraping up any browned bits stuck on the bottom of the pan.

Add garlic and ginger and sauté for 1 minute until fragrant, then add garam masala, cumin, turmeric and coriander. Fry for about 20 seconds until fragrant, while stirring occasionally.

Pour in the tomato puree, chili powders and salt. Let simmer for about 10-15 minutes, stirring occasionally until sauce thickens and becomes a deep brown red colour.

Stir the cream and sugar through the sauce. Add the chicken and its juices back into the pan and cook for an additional 8-10 minutes until chicken is cooked through and the sauce is thick and bubbling. Pour in the water to thin out the sauce, if needed.

Garnish with cilantro (coriander) and serve with fresh, hot basmati rice.

February / March 2019

Issue 3

Sandal Express



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Can you locate our behaviour buddy Ruby Respect on each page of this article?



Year 6 Debate Team

Congratulations to the Year 6 Debate Team! Last week, they won the Great Green Debate 2019. They have been working really hard and the success is much deserved! We are very proud of them!



FAIRTRADE



FORTNIGHT

We've had a fabulous Fairtrade Fortnight at Sandal. The children have participated in a wide-range of curriculum enriching activities and ended on a high with the Fairtrade Community Cafe. Families were invited into school for a 'farmer's break' with the children, and plenty of cake, chocolate and other treats were enjoyed!

We raised a brilliant **£1233.96**. The raffle winners were: Alex, 1KM - Nando's Voucher; Kasper, 4HF - Cannon Hall Family Voucher and Lucy the Childminder - Pizza and Prosecco. Well Done!



What happened to our world?

What happened to our world? Well that's why the Year 6 debate team are here to tell you what is going on. Our greenery has gone missing, our trees have disappeared, there is only one thing that could cause this and that is FOOD WASTE! The debate team are on the case to save our Earth but not only the debate team can do something- you can do something too! Here is some advice to restore and save our Earth, unless you want our Earth to look like this:



Do we want our world to look like this? I think we already know the answer, which is a no. So wish us luck and get on the case and reduce food waste! We will report later to tell you how our debate has gone.

By Skylar and the Debate Team.

Harry Potter Book Night at Waterstones



Hi muggles, do you like Harry Potter? If you do, read on, if you don't..... this isn't for you.



You're still reading? Good. As you know, the Harry Potter series went viral when the first one came out in 1995.

The Harry Potter Book Night was really fun, there were lots of activities to get stuck into:

- A dragon egg hunt
- A night on impossible Harry Potter quiz
- Design your own house badge
- Model your own magical creature

5 INSANELY HARD QUIZ QUESTIONS ON HARRY POTTER!!!

1. What is Aunt Marge's dog called?
2. What is Ron Weasley's patronus?
3. What was Voldemort's blood status?
4. When is Harry's birthday?
5. What did the boggart turn into when Parvati Patil faced it?

By Jessica Kitchen

Answers on page 9

Alexis' Top Ten Songs!

This is my choice of top ten. Hope you enjoy!



1. Thursday - Jess Glynne
2. If you're over me - Years and Years
3. Promises - Sam Smith
4. Done for me - Charlie Puth
5. How long - Charlie Puth
6. Just a dream - Nelly
7. All I am - Jess Glynne
8. Sweet but psycho - Ava Max
9. Hoodie (Clean) - Hey Violet
10. Goodbye - Jason Derulo

I hope you have enjoyed my playlist!

Tigers

This is a serious article- but can you spot the moment of silliness our author had when writing it?



Habitat

Tigers are mammals. This means that they are fed from their mothers. They live in Asia but some larger species such as the Siberian tiger live in colder, northern countries like Eastern Russia or North Eastern China. Smaller species live in southern, warmer countries such as India, Bangladesh and Nepal.

Food

Tigers eat a lot of animals ranging in size from termites to elephant calves. But they do eat a lot of large prey

weighing about 20kg or larger such as Aero chocolate moose, deer, pigs, cows, horses, buffalos and goats.

Cubs

Females only have cubs every 2 and a half years and have no special mating or breeding time. Tigresses (female tigers) start breeding around the ages 2-4. The cubs stay with their mothers until they are 2 years old.

By Frankie Ward

What is P4C

At Sandal Castle School we have been using P4C to discuss and explore ideas and questions in class. P4C stands for Philosophy for Children and it's a way of thinking together and sharing thoughts and questions about Big Ideas. It allows other people to see what you think and if they want to it lets them build on those ideas. Also they share their thoughts and you can add to them. It is important to think of your own ideas so you don't have to think the same as other people, even if they are your friends. In philosophy everyone has to try to give a reason, for what they think so 'because' is a very important word. Sometime people say such good things that other people change their minds. We call this 'learning from each other'.

P4C develops four key types of thinking:

- ◆ Collaborative-thinking with others
- ◆ Caring – thinking of other
- ◆ Critical – making reasoned judgement
- ◆ Creative- creating new ideas



In my class we have watched 'Elmer and the Rainbow' on Espresso and at the end Elmer says "Somethings you can give and give and not lose anything." So my P4C question this week is;

What can you give and give and not lose anything?

Dynamic Dance!

As you know dance is a very popular sport in school and out of school. Many people like it, I love to dance. Dance is my passion and it makes me smile and it also makes me VERY happy. I try to do my best but since I'm with a wonderful dance teacher, Miss Fenn, I succeed. You never know what's hidden inside a person because someone normal can have such a big talent inside them! Maybe dance isn't great for everyone but some people can be so talented and everyone is full of wonderful things like joy, happiness and loads more. Dancing is fun. Why not give it a go?

Marcelina.

POLLUTION

What Is Pollution?

Pollution is the introduction of contaminants into the natural environment that cause adverse change.



Pollution is caused by plastic waste to the human environment. This can cause animals in the sea to become endangered. But pollution is not only caused by plastic wastage it can be caused by smoke and car fuel.



How to Stop It!

You can stop it by recycling, walking and cycling- these things can stop fuel spreading and can help endangered animals such as dolphins, turtles, whales, fish, sharks, and birds.

START RECYCLING

**BE THE
SOLUTION
AND STOP THE
POLLUTION!**

**BY: JESSIE, DAISY AND
UCHECHI**

Year 2's World War II Quiz

Answers:

- 1: 1939
- 2: 6 Years
- 3: Germany
- 4: Gas masks and ID Cards
- 5: They heard the air raid siren
- 6: Black Out
- 7: Evacuees

Mouth-watering Melting Madness

Rainbow Pinata Cake

You will need:

- 375g Stork with butter
- 375g caster sugar
- 2 teaspoons vanilla extract



- 6 large eggs
- 375g self-raising flour - sieved
- Green, blue, yellow, orange, pink and purple food colouring

1. In a large bowl, place the 1st batch of sponge mixture (Stork, sugar, vanilla, eggs

and self-raising flour). Whisk everything together for 2-3 minutes until smooth.

2. Grease 3 x 20cm cake tins and line the bottoms with baking paper.

3. Divide the sponge mixture evenly between three bowls. Then put a few drops of green food colouring into one bowl, blue into another and yellow into the last bowl. Stir until each of the colours are well mixed in. Place each different coloured cake mix into a baking tin.

4. Bake in a preheated oven (180°C, 160°C fan, Gas 4) for 25-30 minutes. Check that the cakes are cooked by sticking a skewer in the middle. If it comes out clean then the cakes are ready.

5. Once cooked, remove from the oven. Leave to cool in the tin for 10 minutes, then gently turn the cakes out of the tin onto a wire rack. Allow to cool completely.

6. Now make the 2nd batch of sponge cakes by following the instructions as above, this time colouring the cakes orange, pink and purple.

7. Next make the vanilla icing. Place the Stork into a large mixing bowl. Sieve the icing sugar into the bowl, add in the vanilla extract and whisk everything together until light and fluffy.

8. Cut off the tops of the cakes to make each top even. You can use a sharp serrated knife or a cake leveller for this. Cut out the middle of five sponges with a cookie cutter. Put one sponge cake onto a large serving plate or cake stand. Spread a thin layer of vanilla icing on top, then put another sponge cake on top, with more icing spread over it. Repeat this process to build the cake until all five sponge cakes are stacked on top of each other.

9. Fill the centre with sweets, then place the last sponge cake on top. Spread the remaining icing all over the top and sides. To make the icing really smooth, use a hot palette to smooth over the icing. Fill a piping bag fitted with a star nozzle with any icing left over and pipe around the very top of the cake.

10. Decorate with the chocolate decorations and cake sprinkles. This cake will keep for 3 days.

Temperature: 180°C oven, 160°C fan, Gas mark 4

Baking time: 35 min

Serves: 16-20

By Innaya and Selina

BELL RINGING ACCORDING TO TIMMY B

Bell ringing may seem or sound easy but it really is not. There are many steps and there has to be lots of training to be able to ring a bell by yourself. A bell is hung by a rope and the rope controls the bell and you control the rope. There are different parts of the rope; one of them is called a Sally- that is the multi coloured part and the other part at the bottom, that is called the Tail.



Before you ring a bell, the bells need to be rung up. I don't really know what happens in that process because I have not been there that early, but I know that the bell is rung down because if you leave them dangling, it would not be safe. If you go to bell ringing you will first be taught how to ring the Tail, so your helper will hold the Sally and pull it down and it will fly up and the part of the rope that you are holding will go up behind and you will hold and go up with it. It will stop and if you do it right, you will be able to feel it balance and then it will come down and you will pull it down but not too hard. Now onto the Sally. Your helper will hold the Tail and you will pull the Tail. As you pull, it will

come down. When it is down as far as it will go you let go- if you let go too late your hands will fly up with it, it may hurt a bit. Then your helper will pull down the Tail. When this happens, the Sally will come down behind it and you have to catch it in a perfect grip and let it go up once and then when it comes down, let go. When you are doing all this you MUST NOT LOOK UP- it may distract you and you may go wrong. After you have learnt the Sally and the Tail you will put both strokes together. I am not on that stage yet so I don't know what to do. Now onto the professionals- you start to ring and the person on the first rope will shout, "trebbles going she's gone," and they will do it in rhythm and then someone will shout Bob or a name of a rhythm and they will pull at the best time. That's what it's like at bell ringing.

As winter draws to a close, Frankie in Year 6 has written a poem in the style of

Robert Louis Stevenson:

The orange sun awakes,
Overlooking the frosty fields and lakes,
Even the plants quiver and quake,
As the icy wind makes the shiver and shake.

I walk over to the window and I can see,
A winter world surrounding me,
I walk downstairs and suddenly smell,
The pine needles I know so well.

I put my hat on my head,
Wishing I was still in bed,
I walk outside, feeling bold,
As my face goes numb with cold.

A beautiful robin I can see,
Flying by the skeleton trees,
I hear a noise which is rather queer,
But find it's just a baby deer.
Now that I have seen the snow,
I think it may be time to go,
My fingers are getting very numb,
And I would like to go back to my mum.



Online Safety by Neave Denison

Once upon a time there was a girl called Charlotte. One night, her friend Aneena came over to play. They had spaghetti bolognese for tea and decided they wanted to go on the computers. They asked Charlotte's mum and she said yes. When they sat down, a message popped up on the screen from her friend Sally. Sally said, "You can't do TT Rockstars! You're not my BFF anymore. Hey I have 200 coins and I bet you easily last night". Sally was heartbroken because she didn't realise her best friend could be so mean to her. Charlotte and Aneena decided to tell Aneena's mum, who told her not to go on the computer anymore and she rang Sally's mum to tell her what Sally had been doing. They managed to sort the problem so that when they went to school the next day, Sally said sorry and they were able to be best friends forever.

Neave's top tips for internet safety:

- NEVER speak to anyone that you do not know on the internet.
- NEVER be unkind on the internet.
- NEVER meet anyone off the internet

All About Sport



People who play sports are very passionate in their lives.

They also get loads of money if they are professionals.

If you want to be a sports player, you need to be fit and practise to be a sports person for years.

Sport is a good job -you can be famous person or be rich.

Sports people might sound greedy with their money but actually they can pay for charities and give homeless people food and money. These people are Cristiano Ronaldo, Gareth Bale, Lionel Messi and Andres Iniesta.

These are all the general sports in modern days: Basketball, Football, Tennis, Rugby, and Hockey.

TOP 5 SPORTS PEOPLE THAT WE LOOK OUT TO BE

1. Cristiano Ronaldo (Football)
2. Lionel Messi (Football)
3. Conor McGregor (MMA)
4. Michael Jordan (Basketball)
5. Tom Daley (Swimmer)

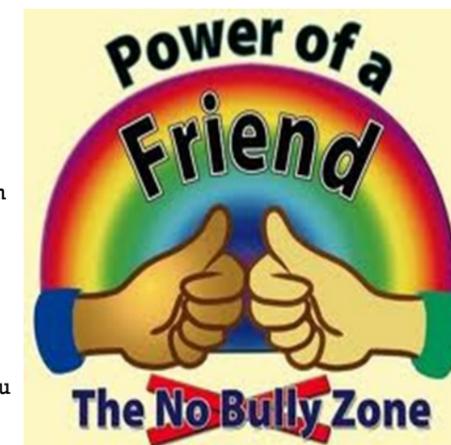


Thanks for reading our article about people who inspire us to be better sports people. If you have any recommendations come to 5JS.

By Ryley B, Ryan A Lewie M

Believe in Yourself

I would like to talk about people who bully others. I know how it feels- it makes you feel bad about yourself, but if you just ignore them and you just say "WHATEVER"- then they will just get tired and then they will go pick on someone else, which is still wrong. If they still bully you, you should just stand up for yourself and you should go and tell an adult and they will do something about it. It's important to know that their comments aren't true and to believe in yourself. Try to ignore them and use advice from the Teachers. I give you advice to encourage yourself to be strong and you should never think what others say is true- you are beautiful just the way you are and no bully should say you are ugly. You are beautiful and you should NEVER listen to what others say -just be yourself. Don't care what others



World Book Day

In 6FW, we read two texts to help us to figure out how to inspire others to help the homeless and needy in our community. We read an article about a homeless lady who sits day in day out on the street in the cold and no one ever even notices her, let alone helps her. Mrs Waddington gave us these responses and we had to turn them into better ones:

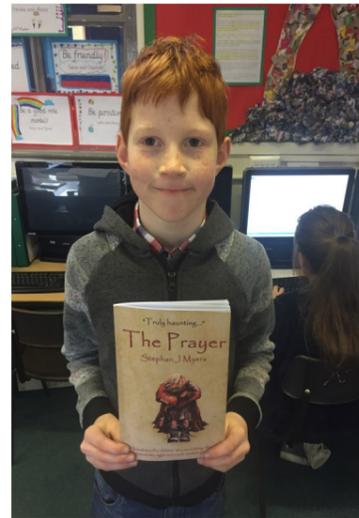
- I'm too busy to help!
- It's not my responsibility!
- She has brought it on herself!
- Keep her away from me!
- Don't get too close, she smells!
- Just ignore her, it's not our problem.
- I'm scared of her.
- Thank goodness that isn't me.

We decided that maybe some of these responses are how we might react honestly in our heads but that we have the power to change our thoughts so that our actions are kind and show empathy. Here are our better versions:

- I will make time to help.
- I am not too busy to be kind.
- I would want someone to help me.
- What if it's not her fault and just her circumstances?
- Even if it is her fault, she is only human, we all make mistakes.
- If I made a mistake, I would want a second chance.
- It is everyone's responsibility to be kind.
- I might be scared of her, but I can find a way to offer help.
- I'm glad it isn't me, but if it was, I would want someone to show me kindness.

Marley said that he would give the homeless person a candle to keep warm and give him some food.

We read a book called 'The Prayer', which told the story of a little homeless boy who had no one to help him. We asked ourselves- will we be the ones to save him? Is it enough just to witness something bad or should we act?



Year 2's World War II Quiz

- 1) What year did World War Two start?
- 2) How many years did World War Two last?
- 3) What country started the war?
- 4) What did people need to carry with them all of the time?
- 5) How did people know they needed to go into an Air Raid Shelter?
- 6) What was it called when people had to make sure the city was in darkness?
- 7) What were children called who had to go and stay in the countryside?

Answers on page 18

Chef Hasti

When I grow up, I want to be a chef -my favourite meal is pizza. I like cooking because after, you can eat whatever you make. My favourite desert is jelly. I want to be a chef because I can show other people my food and how I cook. At home I cook cakes, spaghetti and pancakes. Sometimes my family eats my food as well as my brother who loves spaghetti.

Teacher, Camera, ACTION!

I am Robert P and I have interviewed Miss Silverwood to find out all of her favourite things.

• **Favourite Book:** Fantastic Mr Fox

• **Favourite TV Show:** Friends

• **Favourite Film:** Jaws

• **Favourite Magazine:** Dandy and Beano

• **Favourite Celebrity:** David Beckham

• **Favourite Crisp Flavour:** Nik Naks- nice and spicy

• **Favourite Biscuit:** Twix

• **Favourite Football Team and Favourite Rugby Team:** Leeds United and Dewsbury Moor

• **Favourite Colour:** black

• **Favourite Subject:** Drama

• **Favourite Holiday Destination:** Centre Parks

• Read our next issue to find out more about another member of staff in school!

The World According to Alysha C

My favourite hobby is school. I love it. I loved it at Christmas because I got the best presents. I got a phone. I love playing on TT Rockstars because you can get into the charts! I love eating too- it helps us to survive. I really love animals; if you see one which needs rescuing, help it!

Year 4 Tackle Problems in our Local Community!

Maymunah in 4LG has been really inspired when learning how to write persuasive texts in class, then she went home and wrote one too! We think she made her point very eloquently.

To the Councillor,

My name is Maymunah Qasir. I am 8 years old. I go to Sandal Castle Primary School. It has been ten months since I started here. On my way back from school, I have to go inside the Tesco car park and cross over the road from there. I have always noticed that there is not a dropped kerb there for people with prams, wheelchairs, mobility scooters or even children who come on bikes to use so that they can cross safely. I have seen mummies take bikes from children there until they cross over. We have a double pram. It is very hard to raise the pram on to the kerb. There should be a dropped kerb there for us to use. I am writing this letter because it has been noticed by many people and still nothing is done about it! A dropped kerb could help many people. It gets very busy there after school times and there are many cars on the road. My mummy waits until it is safe and tells me and my sister to cross. We run to the other side and wait for her. Normally adults would cross with their child but she can't. She has to wait and when the road is clear, she walks in the middle of the road around the corner until she gets to a dropped kerb. I want my mummy to vote for you because I heard that you are going to help us when we need help. Can you please sort this out for everybody? 🙏

Thank you,
Maymuah, 4LG.

RAOs

These Rarely Asked Questions are not meant to be answered – they are just another witty form of wordplay.

Why is it that night falls but day breaks?

Why is the time of the day with the slowest traffic called rush hour?

Is it good if a vacuum cleaner really sucks?

Why when I buy a pair of knickers do I only get one?

Are you telling the truth if you lie in bed?

If vegetable oil is made from vegetables, what is baby oil made from?

Why do people tell you when they are speechless?

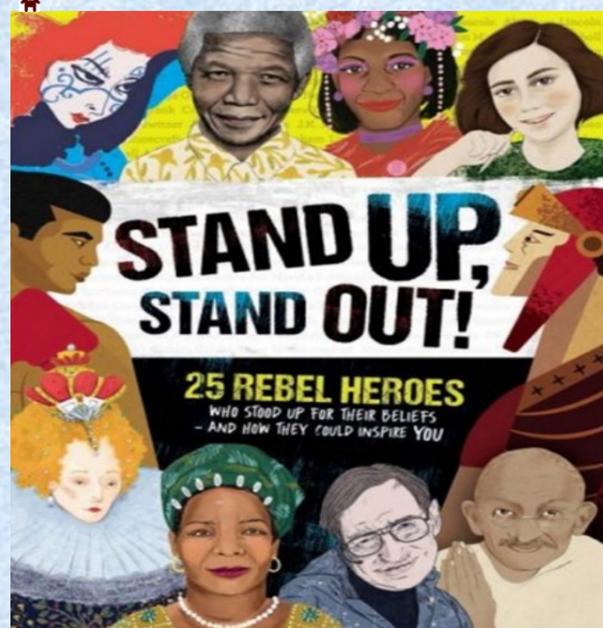
If an orange is orange, why isn't a lemon called a yellow?

What happens if you go on a survival course by you don't pass?



Stand Up! Stand Out!

Year 6 have been enjoying reading articles from Stand Up and Stand Out! This is a book about 25 rebel heroes, who they were, what they stood up for and how they could inspire us. So far, we have read about Nelson Mandela, Anne Frank and Irena Sendler. And what have we learnt from their stories? Here are some thoughts from 6FW:



- People throughout time have had to battle things and stand up for their rights.
- Be brave and stand up for your beliefs.
- If you believe something to be the good, right thing to do, make sure you stick to it!
- Don't follow the crowd if you know they are wrong!
- Writing your own story down can help others to learn and to be courageous.
- Sometimes the easiest option isn't always the best option or the right option.

Football According to Jake

At the moment Liverpool and Manchester City are in a competitive position as they both have a similar amount of points in the Premier League.



VS



Jake's favourite players.

- | | |
|---------------|----------------|
| 1 Kemar Roofe | 2 Louis Suarez |
| 3 Harry Kane | 4 Neymar Jr |

Jake's top ten favourite football teams!

1. Leeds United
2. England
3. Liverpool
4. FC Barcelona
5. Manchester City
6. Paris
7. Tottenham Hotspur
8. Manchester United
9. Arsenal
10. Real Madrid



New and Upcoming games of 2019

Upcoming Games of 2019

Pokémon Shield and Sword

This is a new game designed by Game Freak and Nintendo featuring better graphics and new Pokémon. The design of each of the old Pokémon games are designed in a different way, leaving Pokémon Let's Go as the only game with different mechanics (not in a bad way). It is predicted to come out in late 2019.

New Games of 2019

Super Mario Maker 2

Super Mario Maker 2 is very similar to the first game- the main difference is that it is on the Nintendo Switch, a console that came out in 2017. It is a Super Mario game but you can create your own Mario world that you can send to your friends or do yourself.

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MOMO

Have you heard of the MOMO challenge? Well, we have. We just want to raise awareness of it as children are hurting themselves because of it. If you ever see MOMO, make sure you shut it down. Now it is only a statue and it is fake, so if it does come up- ignore it! If you tell your parents they can put a parental lock on it. If you are old enough to have WhatsApp, then do not text or call MOMO as it could be dangerous.

By DD and Jake

Why We Love Maths.

In my opinion, Maths is the best subject because it can help you in lots of different ways. In life, it can help you if you work in a shop or when you buy things from a shop. We also like Maths because it is interesting and there are so many things to explore and learn. Maths is also fun because there are a lot of different Maths problems and you can often use a variety of methods to answer and tackle questions.

This Month's Maths Tips.

Here are some different methods to help you with Maths!

The **KFC** method is good to use when dividing fractions. When I say **KFC** I don't mean the food from **KFC**, this is what it means.



K Keep the first fraction

F Flip the second fraction

C Change the calculation from a division to a multiplication

So here is an example of the method.

$$\frac{3}{6} \div \frac{5}{1} =$$

After using the KFC method, the calculation would look like this:

$$\frac{3}{6} \times \frac{1}{5} =$$

You are now ready to do the calculation.

$$\frac{3}{6} \times \frac{1}{5} = \frac{3}{30}$$

So

$$\frac{3}{6} \div \frac{5}{1} = \frac{3}{30}$$



Teachers' Favourite Pancake Toppings:

Miss Freeman: Nutella and banana

Miss Whitehead: blueberries, strawberries and yoghurt

Mrs Waddington: vegan cheese and leaks

Miss Reape: Nutella, golden syrup and fresh fruit

Miss Harkin (Year 3): ice cream and chocolate sauce

Miss Steal: golden syrup

Mrs Russell: lemon

Mrs Murphy: lemon and sugar

Mrs Sinclair: golden syrup

Mrs Shadlock: Nutella

Miss Whitehead's Book

Recommendation

'Hansel and Gretel' by Neil Gaiman

This is Neil Gaiman in all of his usual creepy charm, which we are used to from his other fantastic texts such as: *The Graveyard Book* and *Coraline*. He is able to create an eerie, spooky and beautifully illustrated graphic novel, bringing to life the spirit of the original, whilst putting a new spin on things and making the story's horrors feel very real and very human!



His very charming illustrations are so inky and scary, which are what I love most about this book; it provides a fantastic stimulus into writing, but also develops your love and passion for reading!

I would definitely recommended this book to those who love Neil Gaiman's previous works or those who have a keen interest in horror and all things spooky!

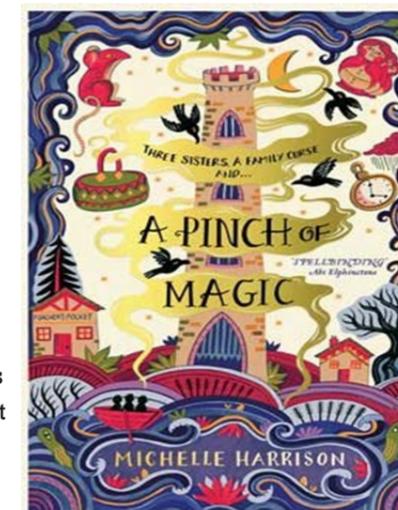
Mrs Reynold's Favourite Book



My favourite children's book of all time has to be "Little Women" by Louisa M. Alcott, which was written during the 1800s. The book is set in New England during the American Civil War and tells the story of the March family. The four March sisters: Jo, Beth, Amy and Meg and their mother are left alone whilst their father is away working as an Army

Chaplain (a vicar in the army). The girls are very close and but all very different from each other. The book follows them as they grow up and make their own way in life during a time when women were not expected to have careers or opinions. I would say that this book paved the way for strong female protagonists in literature and although it is well over 100 years old, its themes are still relevant today.

Mrs Waddington's Book Recommendation



Have you read this new book yet? It was voted Waterstones' Book of the Month for Children in both February and March this year! If you fancy reading an extract for free before you buy it, pop and see Mrs Waddington! Happy Reading!

Here are some more staff book recommendations:

Miss Reape loves Diary of a Wimpy Kid, The Melt-down.

Miss Fenn loves Fing by David Walliams.

Miss Green loves Charlie and The Chocolate Factory by Roald Dahl.

Miss K Harkin loves Mr Bunny's Chocolate Factory.

Miss S Harkin loves Charlotte's Webb by E.B White.

Miss Gouldsbrough loves Oh The Places You'll Go by Dr Seuss.

Mrs Wood loves The Smartest Giant in Town by Julia Donaldson.

How did your class use the newspaper?

Miss Hale's class had some strong thoughts about collecting coats for the homeless, including collecting scarves, learning how to knit scarves, giving them warm tops, sending them an old book, giving them tents, giving them some dry food and Jenson even said that if he had some spare money, he would give the homeless people some food and drink.

Mrs Wood's class talked about caring for animals and our planet after reading the paper, here were some of their thoughts:

"You need to put things in the bin, not throw them on the floor"

"I like looking after our world."

"You have to recycle things like your rubbish. We recycle at home. We have bins."

"We need to care about it."

"It's nice when animals are alive."

In Year 6, here is what the children thought:

Frankie was keen to read more about how women have shaped the sporting world. Adeem liked the baking page because it has some good recipes and good tips- everybody loves a cake.

Wiktora loved the Polish language part because it inspires people to learn a new language and she is proud of her heritage.

Dan and Tinashe said that it's really interesting to find out about which countries are important to us and to find out about Mother Teresa and her dream to change the world. Dan thought that it was great to be part of a school where people make friends from all over the world.

Musa enjoyed finding out about foods and traditions because it broadens our minds.

In 6SH, here were some of the readers' thoughts and comments:

'My Mum's going to be so proud that I'm in the newspaper!' Kyle.

'I like the section about trying to learn Polish. It's interesting that the alphabet is similar to ours' - Rania

'I like pg 10 because it tells you tips to be a good gamer and it can help you at school.' Ethan

'I liked the review of Robinwood because the people who didn't go can find out about it.' DD

Talking about the diet article - 'I can show my mum this to help change our diet.' Keon

'I was intrigued by the teacher's song choices.' Thomas

In 4LG, Laura thought it was interesting to find out about how to care for animals and Filip commented that the RSPCA article made him want to help the animals getting hurt by our rubbish. Harmony loved the 'wise words' from our Year 3 journalists and can't wait to see more facts about animals.

In 4HF, here were some of the thoughts and comments the children made:

They loved:

- the baking section 
- the part about football and the tips from the boys on how to play well
- the contents so they could find an article they liked
- hearing about Robin Wood- they can't wait to be in Year 6 and go too
- the mental health section and how to keep ourselves happy
- hearing from new students from other countries and about their lives back home
- learning a new language seeing what people would like to be when they are

Rosieleigh and Logan were interested in the articles about animal cruelty/how to save animals' lives/how to look after animals properly.

In 5SF, the children studied Lucy's article about how plastic in the ocean is killing fish. Here are their thoughts and comments:

- It makes people aware of the real life issues we face in today's society.
- People will hopefully start to realise that we are the only ones who can do something about it.
- It's our choice to make a change- not the sea creatures.
- The suggestions and links with recycling are very informative.
- This article makes a strong link with pollution, and helps us to think about the creatures that could be hurt/killed.
- We can't believe how much we are damaging our planet and we are glad that we are raising the awareness that something needs to change.

Swimming



Skill of the Month

Skill: Sculling head first

Level: Beginner/Intermediate

Equipment: Woggle (if needed)

Sculling helps the swimmer to feel the water and which direction it needs to be pushed to make you move.

Start with your body flat on top of the water with the head back, legs together and arms by your side.

Push the water with the palms of your hands in a waving motion towards your toes.

Make sure your tummy stays up and your head stays back in the water.



Captain's Corner

Introducing your Captain for 2019, Thomas H.

Each edition Thomas will be answering questions and leaving a top tip for improving your swimming ability.



School Lessons News

Certificates

We have been really pleased with the amount of certificates we have been handing out over the last few weeks. The effort from all children has been fantastic in improving your skills.

Remember, you can always ask Mr Harper or Miss Steel what you need to do to earn your next certificate. Keep up the good work!



Swimmer Spotlight

Name: Emmanuel

Class: 5JS

Favourite stroke: Front Crawl

Favourite skill: Push and glide on front.

Something I want to improve on: Breaststroke and dolphin leg technique.

Upcoming Events: 23/04/19 Baseline test week.

24/06/19 Sandal Swimming gala— More information to follow.

Sharks News

Sharks smash sponsored swim target

Last Friday 33 members of the Sandal Sharks Swim Squad took on the mammoth task of completing a sponsored swim with a goal of 4,000 lengths. The squad was split up into 4 groups named after the 2016/17 and 2017/18 Captains and Vice Captains; Turnbull, Yates, Gowland and Simpkins.

Each team swam for a full 60 minutes trying to complete as many lengths as possible, with the winning team earning a bonus prize.

After the 60 minutes was completed the scores were added up totalling 4830 lengths, just over 30 miles!

Team Yates took the bonus prize completing 1318 lengths, followed by Turnbull with 1230, Gowland with 1146 and Simpkins with 1136.

The money raised will be used for the squad trip to Barnsley Metrodome .

A fantastic effort by all the swimmers, Well done!



Upcoming Galas: 31/03/19—ESSA North England Championships @ Huddersfield Stadium Pool.

13/06/10— Holme Valley Gala @ Huddersfield Leisure Centre.

Inspirational People

Mia Hamm

Mia Hamm's real name is Mariel Margaret Hamm Garciaparra. She was born in 1972. She is an American retired professional footballer and a two time Olympic gold medallist. At the age of 15 Mia became the youngest person ever to be on the U.S national woman's team. When she became 17, she attended the University of North Carolina where she achieved 1989, 1990, 1992 and the 1993 NCAA Championships with her team. She stopped half way through her studies to compete with her team. In Mia's brothers honour from having fatal diagnosis she created the Mia Hamm foundation, which raises money for girls sports and also for people who need the same treatment as her brother.

Why do I think she is inspirational?

I think Mia is inspirational to me because she pushed through the boundaries when her brother was ill. Despite this, she kept continued working hard. Also, I am inspired by this because I have a local football club and play matches every weekend.

Muhammad Ali

Once there was a little boy from Kentucky who knew he would go far in life, his name was Cassius. He started training to be a boxer, he was not the best fighter but he was the fastest. He proved himself as a junior boxer and went to go to the Olympics! He trained harder and harder to tease his opponents that he was going to win. He had the chance to win the title and he became a professional boxer. What a man! He never gave up!

Rosa Parks

Rosa grew up in Alabama with her mother and her grandparents. Grandpa told Rosa lots of stories about slavery. White children went to their big school and Rosa was only allowed to go to a small school. She stood up against racism by not budging from her seat on the bus and she actually got arrested for not moving. The next day people started walking to work and then the bus drivers didn't earn enough money so they had to let people of all colours of skin join in different activities and the inequality improved.

These people have helped the world by standing up to inequality in the world and by showing determination. They are our heroes.

Aileen Riggins

Aileen Riggins was born 1906 and passed away in 2002 (aged 96). She was a swimmer and a diver. At the age of 14 she became the youngest Olympic Gold Medallist. Also, when she was 11, her doctor recommended swimming to rebuild her strength after a bout of flu. Diving became her new favourite activity. Many people at the time feared that diving was too dangerous for a woman and girls and most pools wouldn't let Aileen practise so she had to be creative. She trained for the US Olympic trials at an outdoor tidal pool, where divers had to time their dives with the height of the tide.

Why is she inspirational?

I think she is inspirational because she wasn't allowed to practise and most people say practice makes perfect-she didn't get to practise too often and she still made it to the top. I am also inspired by her because I am a swimmer. In school we are part of a swim team- we go

In 5SR, the children discussed the I Weigh article and here are some of their thoughts and feelings:

It shows how social media can be used as a positive platform. It has inspired us to start thinking about what we may write about ourselves. It shows to us that we should not judge a book by its cover, but by what is inside. We enjoyed examples shown on the front of ones already made. It encourages us to focus on the positive rather than the negative about ourselves. Somebodies worth cannot be judged by their appearance.

4SR also discussed the I Weigh article and here are their thoughts in response:

Sandra - I think it is a really good idea to do this for our confidence.

Tyler - On the outside, we look how we do, but on the inside we have good qualities that make us unique.

May - It's a good idea as it's not about how much you weigh, it's about who you are.

Karolina - I think it's really good as it's telling other people that if you don't like how you look on the outside, then it doesn't matter, you still have feelings and personality inside.

Ruben - If you look nice it doesn't mean you are nice, you could be bad.

In 1NG, when reading the articles about the 'RSPCA' and 'Save the fish' children responded by saying;

"Our friends are our family too" -Archie when reading about making your own strategies and sharing it with friends for mak-

ing items less dangerous for animals.

Some were surprised that dogs weren't allowed chocolate and we shared stories of bereavement of losing dogs because they are part of our families.

Many children were saddened at the plastic pollution article and we looked into it further and discussed which items had to be made out of plastic and if they could be re-used, and which items e.g toys and food packaging could be made out of other materials. We looked at how it gets into the streams and oceans through the drains.

"Be the one who never litters"

"Be kind to sea creatures and our world"

"Keep on re-using your plastic bags." -Olive

In 3KH, here are some thoughts and comments about the last issue:

'I liked learning Polish and I can't wait for more!' said Hannah.

'I can speak other languages but Polish is new to me,' said Umair.

'I liked learning Polish but I'd like to learn another language too,' said Ameera.

'I liked learning Polish because it is new and I have never learnt it before,' said Isabelle.

Year 3 Writing Teaser



In Year 3, the children are busy planning a persuasive text to fight against dolphins being kept in captivity. They had read Jessica Kitchen's Year 6 persuasive text fighting against racism for inspiration and ideas about how to structure their arguments. The writing isn't finished yet and will be featured in the next edition, but here are a few powerful snippets to keep you in suspense:

Time. We are running out of time. Soon it will be gone. Are you for your sea life friends or against them? Are you ready to say goodbye to dolphins? **(Isabelle)**

We could win the biggest of battles in the smallest of pools. **(Patrick)**



LGBTQ

LGBTQ is a group of people around the world. LGBTQ or GLBTQ is:

Lesbian (normally a female who is in love with another female).

Gay (normally a male who is in love with another male).

Bisexual (someone who is attracted to both male and female genders).

Transgender (someone who doesn't feel comfortable in their body and wants to be the other gender).

Queer or Questioning (someone who is not sure of who they are and who they want to be).

I am Dan and I am transgender and I am happy about who I am.

PRIDE

Pride is a protest against violence to the LGBTQ community to make them feel better about who they are and tell people about the LGBTQ community.

Thank you so much for reading and I hope you learned something about LGBTQ.



Women's History Month



March is Women's History Month- can you tell your teacher about a woman who has inspired you or had a positive impact on your life? This could be a woman in your life, a character in a story or someone from the past or the present who has done something important.

How to Look After Your Pets

Lots of people have pets. But do they know how to treat them properly? If they don't then this article is for them .How do you treat a cat properly?



Cats need lots of attention, a warm home, enough food and water and love.

How do you treat a dog properly?



Dogs need loads of exercise, they need at least two walks every day no matter what the weather. They also need plenty of love and affection and a caring family, they like lots of food and water.

If you have any cats or dogs at home and your stuck on how to treat them properly and make them happy then follow this article and have a happy pet.



Year 2 World War II Article By:

Jasmine Hale, Beth Telford, Harley Mackey, Aisha Minteh and Aimee Jaques

Our World War II Facts...

Year 2 have been learning about World War Two. We have written some facts about the war, so that you can learn more about it too!

- ◆ World War II Started in 1939. It lasted for 6 years and it ended in 1945.
- ◆ The country that started the war was Germany. The war started in England when the German army attacked Poland. Lots more countries joined afterwards.
- ◆ In the war people had to black out their houses. There could not be any light in case enemy aeroplanes could see where they wanted to bomb.
- ◆ Children who lived in the city

needed to go and live in the countryside because it was safer there. This is called being evacuated.

- ◆ Children had to wear identity cards all of the time. If they lost their card when they were evacuated, they might never find out how to get back to their homes.
- ◆ People had to carry gas masks and identity cards with them all of the time.
- ◆ If there was a bomb attack people would hear an air raid siren. It was really loud and noisy. People knew that they needed to go into a bomb shelter if the siren went off.
- ◆ There were two types of bomb shelter. One was called a Morrison shelter, and this was inside the house. The other was called an Anderson shelter, and this was outside in a garden.
- ◆ If people did not have a garden, like in London, they sometimes went to sleep in train stations under the ground so that they were safe.
- ◆ Houses did not have televisions in World War II, so they found out any news by listening to the radio

or reading a newspaper. Turn to page 16 for the quiz

TTRockStars

On TT Rock Stars it helps you learn and practise your timetables and divides. If you go on you will get faster answers on your time tables. There are different sections on TT Rock Stars to help you. You get different questions on it. You can get 1 min, 2min and 3minutes to do your times tables. You can choose any name you like. And you can battle people, and classes. You can change clothes and you have coins to shop for lots more accessories.

I am Ebony and I am a Maths Star! I think Maths is the best because you can do time tables like this one $6 \times 6 = 36$ and this one $5 \times 5 = 25$. These are squared numbers! If you think you are good at your times tables, have a go at the ones below:

$10 \times 10 =$	$5 \times 6 =$	$1 \times 2 =$	$5 \times 7 =$
$11 \times 5 =$	$11 \times 10 =$	$11 \times 2 =$	$10 \times 2 =$

ANSWERS FOR THE HARRY POTTER QUIZ

1. Ripper
2. Jack Russel Terrier
3. Half Blood
4. 31st July
5. A snake

All about Morocco Agadir

Last year I went to Mogador Al Medina and it is my favourite place in the world. It was very hot over there. They have a pool and lots of other things such as play areas, a ping pong table and much more. The people are really nice and kind to everybody. The food



is really nice and there is a huge variety from pancakes to crois-

sants to curries and yoghurts. There is an underground floor and a middle floor and the main floor. There are lots of stairs but luckily they have lifts. The pool has a baby pool and a big pool that lights up at night. The bedrooms are really comfy. This is a perfect holiday for a birthday surprise, a party, a honeymoon or just to sit back and relax. They have a balcony for each room and one for everybody right at the top which is massive and perfect for photography.

Inaaya H

Can you fill in the blanks?



8	+	5	+	10	=	
+		+		+		+
9	+	7	+	10	=	
+		+		+		+
10	+	10	+	9	=	
=		=		=		=
	+		+		=	

Joke Time

What do you call a skeleton that won't get out of bed?

Lazy bones

What type of music do mummies like?

Wrap Music

Why was the garden so bright?

It had a lot of bulbs in it

What book has hair?

The diction-hairy



Game of the Week Pokémon Let's Go Eevee and Pikachu

This game is around £50 or £45 for the Nintendo switch, but is it worth it? A lot of people know about the dated Pokémon game released in 1995 by Nintendo. They created a remake of the old Pokémon red and blue games and made turned them into the Let's Go games featuring **Pikachu** and **Eevee**, some of our favourite characters. The game starts when you wake up and you get a rival who you battle throughout the game with your Pokémon which can evolve. You get a starter Pokémon to travel through the game and explore the world of Pokémon catching them with pokéballs.



So you travel through the world of Pokémon battling other trainers. Also challenging gym leaders who are stronger trainers with stronger Pokémon, you earn gym badges which allow Pokémon to get to a higher level.

My opinion

If I have to be honest, it is a really great game that is fun for any age and any gender because even when you beat the game you can still beat side quests.

Minecraft according to Isaac

Minecraft is a game on pc, Xbox, PlayStations 3&4, mobile and Nintendo devices/consoles that is a blocky pixelated game. You start off with 10 hearts and there are multiple ways to lose hearts, drowning, burning, falling, being attacked and starving, once you die you can respawn. There are different difficulties: Peaceful, Easy, Medium and Hard. Peaceful makes hostile mobs disappear from your world and in survival mode you don't starve. Easy is where mobs spawn and you starve. Medium is the same as easy except hostile mobs are harder to beat. In hard mode, it's the basically the same as medium except the zombies (a type of hostile mob) can break any type of wooden door. Hardcore is selected when you create a new world you are on survival, it's locked on hard and once you die you can't respawn.

There are two main Gamemodes: Creative and Survival. In Creative mode you have unlimited resources and you are safe from hostile mobs a.k.a. monsters, you can build whatever you want, not lose life and you can fly. Survival mode is basically an adventure mode where you gather materials to eventually fight the Ender Dragon. Hardcore is selected when you create a new world you are on survival, it's locked on hard and once you die you can't respawn.

RSPCA Top Tip of the Month



If you want to ensure that a product you are using such as shampoo, toothpaste, washing up liquid etc isn't tested on animals, look out for the 'cruelty free' rabbit logo. So many products are cruelly tested on animals which can involve pain, fear and death for the animals involved. Buy 'cruelty free' products to help fight this!

Singing to Our Local Community to Fight Poverty

In choir we have learning different songs ready for a performance at The Spring.

- Firework
- Power in me
- Build up
- Pop medley
- One last time
- E-N-J-O-Y

On Tuesday 5th March, we walked down to The Spring and performed to a large audience who were enjoying pancakes in the Cafe. The money spent on pancakes was used to fight against poverty in the community and we were really passionate to support this event by serenading the customers. People from all generations enjoyed our singing, elderly people and toddlers danced and sang along. Our local vicar and his wife were really proud of us. Mr Scolah led our singing but we were so good that at one point, he went and watched with the audience because we didn't even need him! We were very keen to use our joy of music to inspire members of our community and one of the ladies who had been watching our performance sent a card to school saying that our singing and our smiley faces had made her day and brought happiness to her and her friends. Singing brings us pleasure and makes us feel better about ourselves but it also helps the listener feel positive too. We felt motivated and more confident after our performance; singing really can lift you up! We enjoyed a pancake and a chat with the locals afterwards and we can't wait to sing there again next month. Can you think of any other ways we can bring joy to our local community?

Year 5/6 Choir

We interviewed 1 NG children to find out about the fun they had on World Book Day. Here is what they said:

We did a treasure hunt using a map. We think that Captain Hook is a bad man, he is evil. Neverland can sometimes be a dangerous place because of him. It is upsetting because not everyone believes in fairies. Peter Pan can be an angry character, but not all of the characters are bad. The crocodile sounds like a clock! Tinkerbell is naughty but we liked her character. There was a happy ending but sad because of Peter leaving. Interviewed by Lydia and Charlotte in 6FW.



Unusual Reads

Theo, Ellen and Evie's 8 great reads!

1. Beanos by Leo Baxendale are really funny!
2. The School for Good and Evil by Soman Chainani is really gripping.
3. The Magyk by Angie Sage series is fantastical!
4. The Uncommoners series by Kate Bell is full of tension!
5. Pages and Co: Tilly and the Book Wanderers by Anna James is a great book according to Ellen.
6. The Girl of Ink and Stars is good and is by Kiran Millwood Hargrave.
7. The Miraculous Journey of Edward Tulane is heart breaking and by Kate Dicamillo.
8. The Storey Treehouse collection by Andy Griffith is fun to read!

